Annual Newsletter Volume 6, No. 1 Summer 2009



Program Coordinator: Adrain Johnson

Program Counselor: Shimeka Johnson

2011 Participants

Borton Magnet Elementary Supervisor: Jewel Carasosa Jake Alcosar Participants: Marissa Herrera Caroline Kehl Jonathan Bryant Julia Deshields

Cherry Avenue Recreation Center Supervisor: Bianca Villarreal Robert Carrillo Participants: Britney Jones Diamond Jackson Darin Jackson

Dunbar Barber Academy Supervisor: Martio Harris Participants: Daiveon Canada

Dunbar Community Center Supervisor: Telisha Harris Participants: Ardie Williams

El Pueblo Neighborhood Center Supervisor: Richard Barker Participants: Ynisha Carter Adreanna Ramirez

El Rio Boys & Girls Club Supervisors: Yvonne Nelson Participants: Fernando Martinez Melachi Joiner

El Rio Neighborhood Center Supervisors: Paloma Jacqueline Irene Morales Ann Osuna Participants: Luci Cota

Tucson Urban League in partnership with Grace Temple Missionary Baptist Church

GrassRoots Environmental Education & Employment for the Next Generation The "G.R.E.E.N." Summer Youth Employment Program

Funded through the Pima County Faith-Based/Community Partners Investment Initiative

VOLUME 6, ISSUE I

Going Green

By Nicholas Murphy Program Participant Tucson High School

Recycling is one of the most important things to do. If people don't recycle, the world will be filled with trash. One person needs gallons and gallons of water to drink, we have to preserve and use less water so that we have water in the future to drink. To save money and energy you can turn off lights when you don't need them, unplug appliances when they are not being used, and air dry



Above: Dr. Sabrina Helm, PH.D, of the University of Arizona Norton School of Family and Consumer Sciences and Jarratt White, G.R.E.E.N. Participant

your clothes. There are

some things that can't be recycled such as some plastics and chemicals we use. The stuff you can and should recycle are plastic bottles, aluminum cans, and paper. You can also save money and energy by putting solar panels on your roof and riding bikes or public transportation. By doing these things you can save thousands of dollars and save the world in the process.

Green Tips

You can save the world and money at the same time by changing just a few habits.

- Air dry your clothes
- Use canvas/cloth bags when going grocery shopping
- Turn computer off at night
- Use filtration systems instead of using water bottles
- Ride your bike or use public transportation
- Use both sides of paper

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Use florescent light bulbs

In this issue . . .

- An overview from the program coordinator
- Student perspectives on Friday activities
- Special highlight: Worksite of the Year Award, Debra Jackson of the City of Tucson Parks & Recreation Southern District Kidco
 Much more!

FRIDAY, JULY 29, 2011

Fred Archer Neighborhood Center Supervisor: Jessica Armenta Daniel Salazar Participants: Neosha Hockett Mauricia Manuel Nicole Jackson Destiny Joe

Grace Temple MBC Supervisor: Robert Cooper Participants: Jason Watson

Kino Teen Center Supervisor: Stephanie Smith Participants: Shanee Danford

Northwest Neighborhood Center Supervisor: Mike Katherina Participants: Elijah Ward

Office of Emergency Management & Homeland Security Supervisor: Griselda Moya-Flores Lisa Romero Participants: Ardie Williams

Oury Neighborhood Center

Supervisor: Jennifer Gonzalez Paul Ponce Participants: Demarques Wilson Destiny King-Wilson

Pima County Health Department Family Planning (North) Supervisor: Monica Robinson Participants: Nadia Gonzalez

Pima County Health Department Theresa Lee Clinic Supervisor: Victoria Altamirano Luis Riviera Participants: Maria Ibarra-Bustamante Christopher Bell-Tillman Jarcatt White

Quincie Douglas Neighborhood Center

Supervisor: Wayne Barnette Adrienne Gutierrez Participants: Kanesha Danford Alexa Dickson Matthew Jones Alexis Veney

Rise Equipment Recycling Center Supervisor: Rueban Vejar Participants: Marrissa Valdez

Career Fair Testimonies

By: Ynisha Carter Program Participant Palo Verde High School

On July 1st, the G.R.E.E.N. Program participants were invited to a

career fair at Tucson High School. I have been to many career fairs, but this far surpassed all the others I have attended. Upon entering Tucson High School, we were handed a bag that

contained a booklet. In the booklet there were 20 squares that we needed to get stickers for. The way to get stickers was to go around to at least 16 of the booths inside and ask the professionals some questions about their jobs. The booths were superb because almost every booth had something to give us or something for us to do. There were four booths outside



that we had to go get a sticker from and an interview form to fill out. All of these were outside because what they had to show us could not fit inside. My favorites were the S.W.A.T. Teams and the Army. The Army had a rock climbing wall, which is always exciting, and the S.W.A.T. Teams had their trucks and protective gear, which they al-

> lowed us to examine. At the end of the day, there was a raffle, in which all the day's participants were entered. One could feel the excitement in the air as numbers were called out. The career fair as a whole was a

success through my eyes. It made me see a few jobs in a whole new light and opened my eyes to options I have never really thought about.



By Mauricia Manuel Program Participant

My experience at the 2nd Annual Dream Career Fair was insightful. When you're in school there are not many jobs that one could see themselves achieving. This opportunity was a perfect platform for showing us young adults that our life can go to great lengths. If we follow the right path and strive for our goals, we too can be

anything. I can be a paramedic that saves precious lives or a Sheriff, FBI, or Marshall, who keeps our state and city a safe place to live in. It was all about showing how doors are always wide open and how school can take us to the places we need to be so our future can be bright. Overall, I was fortunate enough to experience this eye opening opportunity. I see now that my life is just starting!

Teamwork

By Talen Sterrett Program Participant Palo Verde High School

Although many of us felt that teamwork isn't all that essential, we all realized how important it really was during our last Friday workshop. First we watched a video about the story of a man and his disabled son and how they overcame adversity and completed many marathons together. For the first activity, we got with a partner and put strings around



both of our wrists. Once the strings were on we had to find a way to untangle ourselves. After a few minutes of nobody figuring out how to get out of the strings, our guest speakers demonstrated just how easy it was to escape the strings. In doing this activity, we were all taught to think outside of the box and to try something new. Our final activity was meant to show the importance of teamwork. We were all told to get into a circle and hold hands. We then had to get a hula hoop around the room without releasing our hands. Once we got a trial run of what we needed to do, we were told to get the hula hoop around the room in two minutes or less. Even though we were nowhere near meeting that goal, we still ended up learning how important teamwork is to meeting a common goal.



Left: G.R.E.E.N. Participants, Chief Larry Anderson with colleague of the South Tucson Fire Department at the Presenting Dreams Career Fair

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2011 Friday Workshops

June 10, 2011: Community Emergency Response Team (CERT) Training
June 17, 2011: Emergency Preparedness Workshop
June 24, 2011: CERT Certification Day!!!
July 1, 2011: 2nd Annual Presenting Dreams: Career Fair
July 8, 2011: Cooperation Skills/ Teamwork Building Workshop

PAGE 4





Santa Rosa Neighborhood Center Supervisor: Sandy Friede Participants: Sarah Deshields-Bass Darian Jackson Nicholas Murphy Nakia Ward

University of Arizona Department of Cell Biology & Anatomy Supervisor: Audrey Pallette Participants: Talen Sterrett

University of Arizona Take Charge Institute Supervisor: Kimberley Brooke Participants: Kelly Gibson

University Of Arizona Terry Lundgren Center for Retail Supervisor: Kimberley Brooke Participants: Torria Sterrett

What goes in a Survival Kit?

3 day supply of non-perishable food (light in weight) Kitchen items that will enable consumption of food stored in the kit First Aid Kit Nonprescription Drugs (Tylenol, Vitamins, Laxatives, ect) Sanitation Supplies 3 gallons of water per person At least one complete change of clothes and footwear

Household documents and contact numbers stored in a sealed Ziploc bag Special Needs (Baby formula, Prescription drugs, Extra eye glasses, ect)

Intro to CERT 101:



Community Emergency Response Team Training

By Shanee Danford Program Participant Desert View High School

In our first workshop, when I heard that we were going to be learning about C.E.R.T, I really didn't want to. I thought it was going to be a really boring experience, but while sitting in the workshop and listening to everything, I learned a lot. I learned about what to do when a disaster happens and what we need to have to be prepared. Most importantly you'll need food, water, first aid, and shelter. It should be enough to last you 72 hour. C.E.R.T means Community Emergency Response Team. If something were to happen, the community may be on their own for a period of time due to lost communications, blocked roads, and large, unsecure affected areas. This

training helped me to prepare to be able to help my family, friends, and myself. I'm proud of myself for listening and now knowing what to do in an emergency. Thank you C.E.R.T.



C.E.R.T Training: Continued

By Caroline Kehl Green Participant Cholla High School

Have you ever wanted to know what it felt like knowing you could save a person's life? Thanks to the CERT training, I know how it feels. I walk around with that feeling everyday, and it's amazing. Overall, there were three days of training. On the second day we met Fire Chief Larry Anderson. To me, the second day was the most fun. We learned the difference between a bandage and a tourniquet. One slows the flow of blood and the other stops the flow of blood in certain areas. We learned the different types of



fractures and how to splint them. We were able to handle a fire extinguisher using the P.A.S.S. technique. The "P" is for pulling the pin out, "A" is for aiming at the base of the fire, "S" is for squeeze the handle, and the last "S" is for sweeping the nozzle from side to side. We also did group activities showing us that everyone is needed at certain times in the event of mass tragedies. Overall, the second day tested everything we learned about responding to community emergencies and triaging hurt individuals. CERT training provided us with more knowledge and a sense of accomplishment.



"Bravery is being the only one who knows you're afraid." Franklin P. Jones

Emergency Management Operations

By Nadia Gonzalez Program Participant Pima Community College

On our surprise field trip we went downtown where we went into an office that probably only a few people know about. We entered an office called, **Pima County Emergency Operations Center**, where we were greeted by Nick Siemsen. He let us know that he would be speaking to us about his job, and everything he does and goes through around and at his job. It was amazing and

everyone in my group was extremely shocked at the electronics in the building. He showed us the cameras mounted in the room and the way he could control them all from the front computer. They also had many televisions that are set to all the news channels at the same time, the team can monitor media coverage all at the same time to gain quick knowledge about emergencies. I learned that there are "back-up" teams in Pima County that respond to disasters in our area, emergency departments

(police, and fire department) also come to this center to plan strategies to respond to emergencies. I never knew that there was a team like that in Arizona. The emergency management team is really important for our community because if anyone needs help, they are there. Although it was a short

amount of time that we where there, I really liked the experience.



PAGE 6

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2011 Worksite of the Year

City of Tucson Parks & Recreation Southwest District Kidco

This year we selected the City of Tucson Parks & Recreation Southwest District Kidco as our Worksite of the Year Award Recipient. Kidco has been a great asset and has provide our program with openings at not just one site for the year but multiple sites. We are deeply appreciative and moved by their devotion and support of the G.R.E.E.N. Program. The City of Tucson Parks & Recreation dedicated their talent and time to make this year a success. Thank you City of Tucson Parks & Recreation Southwest District Kidco, you are indeed a special pearl in our community.



Program Overview

By Adrain Johnson Green Program Coordinator



My name is Adrain M. Johnson, a University of Phoenix graduate with a degree in Human Services. I am employed with Tucson Unified School District where I have had the

pleasure of impacting the lives of many youth. Currently I serve as the disaster preparedness/readiness liaison for the Greater Emmanuel Grace Apostolic Church where I have been a member for approximately 9 yrs. My passion for helping other has always been a catalos for my volunteer service throughout my community. This summer was filled with an absolute wonderful opportunity, made possible by God under the direction of Ms. Maiola Coleman. I was blessed to be selected as the 2011 Summer Youth Green Program Coordinator and volunteer for the Tucson

Urban League (TUL) in conjunction with the Grace Temple Missionary Baptist Church (GTMBC). The program hosted a six week program for 40 youth in our community. This summer program provided employment opportunities, environmental sustainability seminars, self-esteem building, educational workshops, and interviewing practices, along with certification for becoming Community Emergency Response Team Technicians.

We also had the fortune to attended the 2011 "Presenting Dreams Career Fair," which was a fabulous life changing experience for students to meet with future employers from various companies and organizations throughout our community. The energetic speakers, helicopter exhibition, and mountain climbing showcase, along with the computer give aways were just a few of the highlights for the day. Representatives from the American Red Cross, SWAT, National Guards, Pascua Yaqui Fire Department, Various Armed Forces, Pima Community College, TPD Bomb Squad, FBI, Tucson Medical Center, Drug Rehab Task Force, Coop behavioral health, & CERT, were just a few of the many participating organizations that had informative display tables at this event held at Tucson High School.

This unique six week summer youth employment program went by entirely too fast. With each workshop students became knowledgeable and were empowered with valuable lifelong lessons. I too have learned priceless treasures that will stay with me forever, not only from the workshop conductors, but from the students as well. Being environmentally cognizant has opened my eyes to the importance of really going GREEN! Recycling is just a small piece of the pie. We as inhabitants of this world must do our part to ensure as many resources as possible are available for our future.

In conclusion, My goal for next year is to continue the legacy of helping to cultivate leaders for tomorrow. I look forward to planning additional enriching interaction and perhaps incorporating a technology workshop. Being a part of such an awesome endeavor has undoubtedly been an honor and privilege. I humbly solicit your prayers as I continuing my servitude in our wonderful community. Go GREEN!

Thank You

By Shimeka Johnson Green Program Counselor



My name is Shimeka Johnson and I am currently a student in my senior year at the University of Arizona. I will be gradation this December with a major is Account-

ing. I have two small children and a husband that is currently deployed overseas. My employment with the G.R.E.E.N. Program has not only been a blessing, but a distraction

from the harsh reality of being a military wife. I am so appreciative of the opportunity I received this summer to be a part of a program that transforms the lives of so many of the youth in our area. This incredible experience will never be forgotten.

I have learned so much from the participants, the employers, and the partnering organizations involved in this summer program. I have never been surrounded by so many that care and invest time and effort to secure the futures of countless young people.

The skills and characters that I enhanced during my time as a program counselor have been remarkable.

From the participants, I learned patience and compassion.

- From the supervisors, I learned how to be a better leader.
- From Adrain Johnson, my program coordinator, I gained a finer appreciation for detail.
- From Maiola Coleman, I learned the fruits of dedication and humility.
- From the partnering organizations, I learned that a occupation doesn't have to be just a job, it can morph into a life purpose.

Because of special angels in out community, our future generations will not be lost. I am excited to have experienced these angels and strive to be one of them today, not someday.

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2011 Scholarship Recipients

Sarah Deshields-Bass Northern Arizona University

Talen Sterrett University of Arizona

A FINAL THANKS to all of those who helped make this program a great success:

Hon. Ramon Valdez, Chairman of Pima County Board of Supervisors Linda Leatherman, Pima County One-Stop Faith & Community Initiatives Diane Garcia, Pima County One Stop Tucson Urban League Jonathan Peck Daphanie Conner Maiola T. Coleman, Grace Temple Baptist Church, Community Outreach Coordinator Pima County Office of Emergency Management and Homeland Security Mike Hein Nicolas Siemsen Lisa Romero Griselda Moya-Flores Sami Hamed Caren Prather Grace Temple Baptist Church Pastor Grady Scott, Pastor Traci Hockett Bobby Green Janette Beaubian Lutheran Social Services of the Southwest Development Disaster Services La'Tresa Jester, Division Director of Community Jimmy Hart Director African American Studies Rebecca Covarrubias, The University of Arizona Cesar Lopez & Kathryne Maldonado, Kino Teen Center Larry Anderson, City of South Tucson Fire Department City of Tucson Parks & Recreation Southwest District Kidco Reenie Ochoa Debra Jackson Carolyn Speickard Dawnee Rios Dr. Sabrina Helm, PH.D, University of Arizona Norton School of Family and **Consumer Sciences** Kimberley Brooke, University of Arizona Norton School of Family & **Consumer Sciences** Kendra Joe, Community Servant Walker Smith, Community Servant Thank you to all the parents and guardians who provided the necessary support for our participants to successfully complete the program!

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